**Harling Colts FC Emergency Action Plan 2024/25**

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| Club Name | Harling Colts FC |
| Location Address | East Harling Sports and Social Club  Church Road, East Harling |
| Postcode | **NR16 2NA** |
| Phone Number | 01953 718251 or give your own personal mobile number |

**FIRST AID INFORMATION: In the case of an emergency call 999 or 112**

**Harling Colts Emergency Aid Qualified Volunteers:**

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| **NAME** | **TEAMS** | **NAME** | **TEAMS** |
| DAN HAWES | ALL | PAUL MACISAAC  MATT FENNER | U12s |
| CHRIS CONNORS | U7s | GARTH GOOD  CHRIS CLARK | U13s |
| RYAN KIRWAN | U8s | SUE DICKEN  MATT FENNER | U15s  STALLIONS |
| EMMA HATFIELD | U8s  STALLIONS | ALLAN CURRIE | U15s |
| KEVIN CHARGE | U11s | DAN HAWES  TERRY HANNANT | U18s |

**FIRST AID EQUIPMENT AND FACILITY**

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| **ITEM** | **LOCATION** | |
| FIRST AID KIT | WITH TEAM MANAGER | |
| FIRST AID ROOM | FRONT CHANGING ROOMS (facing main pitch) | |
| **DEFIBRILLATOR** | **ON WALL INBETWEEN ENTRANCE TO CLUB AND CORRIDOR** | |
| BLANKETS/  TARPAULIN | FRONT CHANGING ROOM CUPBOARD | |
| Check Access Routes are SAFE & CLEAR!   1. From B1111 to Pitches (Remove   Barrier)   1. From Car Park to Changing Room 2. From Pitches/Changing Room to B1111 | | Several adults should meet and guide the ambulance.  Ensure that the route from B1111 (Church Road) into and through the car park is clear and that the bar has been removed from the railings for the ambulance to access the pitch or the changing rooms. |

**Other Important Information:**

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| **Nearest Hospital:**  **With [Accident & Emergency Department]** | **Norfolk and Norwich University Hospital**  **Colney Lane, Norwich. NR4 7UY.**    **01603 286286** |
| **Directions to Hospital** | **Turn left out of the car park onto B1111, continuing towards Roudham Road. In two miles, turn left towards Norwich (A11). Continue on A11 for 17 miles, At Thickthorn roundabout; take the 4th exit onto Newmarket Road/A11.**  **In 0.5 miles take 1st exit at roundabout onto Roundhouse way and follow road via 3 roundabouts, and arrive at Hospital** |

**Updated 12th July 2024**